

PATIENT RESOURCES

Podofilox (Condylox) Instructions

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- You will use this medication for three days in a row and then have four days in a row without it. Some women may choose Monday, Tuesday, and Wednesday as their treatment days so that Thursday, Friday, Saturday, and Sunday are days off of treatment. Whatever days you choose, be prepared to follow the same plan for four weeks. You must not have sex on the three days that you are applying the gel.
- Apply a zinc oxide cream such as Balmex to protect the skin around the warts.
- Apply a small amount of gel to the affected area twice a day, morning and night, for three days in a row. Wash hands thoroughly after using the gel. Then do not use the cream for four days.
- Repeat this cycle (three days using gel, four days off) every week for eight weeks.
- Make a follow-up appointment with your provider as recommended.