



Improving lives through the prevention and treatment of anogenital & HPV-related diseases

PATIENT RESOURCES

Imiquimod (Aldara) Instructions

- Before you apply Aldara, protect the skin around the warts with a zinc oxide cream.
- Use a cotton swab to apply a small amount to affected area at bedtime.
- Wash your hands carefully after applying Aldara so the skin on your hands does not get irritated.
- Do not have sex on the day you apply Aldara (after you apply it) or the day after.
- Wash the Aldara off in the morning.
- Apply the medication 3 times per week (for example on Monday, Wednesday, and Friday) for the length of time recommended by your provider. You can use Aldara for up to 16 weeks.
- Make a follow-up appointment with your provider to see if you require any more treatment.