



Improving lives through the prevention and treatment of anogenital & HPV-related diseases

PATIENT RESOURCES

5-Fluorouracil Cream

Why this medication was prescribed

You have been diagnosed with a vaginal dysplasia. Dysplasia means that abnormal pre-cancerous cells were found on a Pap test and /or vaginal biopsy.

What is Fluorouracil topical?

It is an anti-cancer cream and will destroy the abnormal cells present in your vagina. It will not be absorbed into your bloodstream and will not cause your hair to fall out. It is, however, very irritating to the skin.

Directions for use:

1. Prior to inserting 5-Fluorouracil cream, apply a zinc oxide diaper rash ointment to the area surrounding the opening of the vagina, including the labia which are the folds of the vulva on either side of the vagina. This will protect the skin from irritation. You should also wear a pad.
2. Use just before going to bed.
3. Fill applicator to the **one gram (gm) mark**, and insert into the vagina once a week at bedtime for eight weeks.
4. You will also be given a vaginal applicator to measure and insert the 5-Fluorouracil Cream. Rinse the applicator well after each use.
5. When you wake up, take a shower or bath right away. Clean the area well. Apply more of the zinc oxide ointment to continue to protect the skin, as more of the 5-Fluorouracil cream may continue to leak from the vagina. You should also wear a pad or panty liner. Continue this for 2-3 days after using the 5-Fluorouracil cream.
6. Repeat this process once per week for the next eight weeks.
7. Avoid sexual intercourse for at least three days after using 5-Fluorouracil cream. Be very careful with this medicine. Wash hands well and avoid contact with other areas of the body.

WHEN TO CALL:

If you have vaginal or vulvar pain, discontinue use until you speak with your physician or nurse.

If you have any vaginal bleeding or abnormal discharge, discontinue use until you speak with your physician or nurse.

Please call the office if you have any questions.

ASCCP is a professional society for an interdisciplinary group of healthcare professionals including physicians, physician assistants, nurse practitioners, midwives and researchers, who are focused on improving lives through the prevention and treatment of anogenital and HPV-related diseases. For more information visit www.asccp.org.