

# High Resolution Anoscopy

## Is this educational activity right for me?

The ASCCP High Resolution Anoscopy (HRA) course best serves those physicians and advanced practice clinicians who are participating in the health care of MSM, men and women with HIV disease, other at-risk groups, and women with HPV-related disease. This course is appropriate for health care providers in many fields, including family practice, internal medicine and infectious disease, gastroenterology, general surgery, colo-rectal surgery, gynecology and pathology. Advanced colposcopy practitioners and those interested in the didactic and procedural training specific to HPV-related anal disease and HRA will benefit from this course.

**This course has been designed to be taken after completion of the ASCCP Comprehensive Colposcopy course. For those participants who wish to take this HRA course, documentation of prior completion of an ACCME-accredited comprehensive/basic colposcopy course or its equivalent is required and should be submitted with the registration form. Proof of colposcopy training from a residency program is acceptable.**

**For those who have not met this requirement, you may instead complete the 7 online CMEs listed below and available at [www.asccp.org](http://www.asccp.org) and take a two hour Non-CME pre-course on colposcopy fundamentals offered on the Friday evening prior to the HRA course. The 7 online CMEs must be completed between October 1, 2009 and November 27, 2009.**

The Natural History and Epidemiology of HPV

Immune Response to HPV

Use of the HPV Vaccines for Primary Cervical Cancer Prevention

The ASCCP Guidelines for Managing ASC, ASC-H, and LSIL

The ASCCP Guidelines for Managing AGC

The ASCCP Guidelines for Colposcopy and Management of High Grade Lesions

The ASCCP Guidelines for Management of Women with Cervical Squamous and Glandular Intraepithelial Neoplasia

## Course Objectives:

Upon completion of this workshop, participants will be able to:

- Describe the epidemiology and pathology of anal HPV infection, anal dysplasia, and anal cancer;
- Identify patients who may benefit from anal cancer screening;
- Demonstrate the diagnostic procedures used in the evaluation of anal dysplasia and anal cancer including anal cytology, high resolution anoscopy, and anal biopsy; and
- Describe and apply the appropriate treatment and management options for anal dysplasia and anal cancer.

# Continuing Medical Education Information



## Course Education Methods:

**Lectures:** The learners will attend general sessions consisting of didactic lectures covering the basic principles considered the foundation of knowledge required to evaluate, diagnose and manage HPV-related anal disease. Each session concludes with a question and answer period led by the presenter(s).

## Open Question and Answer Sessions:

Each lecture session concludes with an open question and answer period led by the presenter(s). Questions are solicited from the learners and are read to the full audience. In addition, educators seek teaching opportunities at breaks to answer specific questions one-on-one.

**Pattern Recognition/Case Presentation:** These break-out sessions provide an intense and interactive exposure in a small group format to multiple HRA images as well as anal cytology and histology. Numerous images are presented during the span of a given course, allowing learners to practice assessing for presence or absence of disease, evaluating abnormalities, and planning treatment options. In addition, the case study sessions are designed for sharpening learners HRA pattern recognition skills, improving their ability in differentiating normal from abnormal conditions, improving their differentiation skills of low grade lesions versus high grade lesions and cancer, and management issues.

**Hands-on Sessions:** Non-CME sessions on the techniques and procedures used in high resolution anoscopy, including biopsy techniques and treatment modalities are provided. These sessions utilize latex models to practice HRA and the identification of lesions and non-human tissue to practice biopsy and infra-red coagulation techniques. Under the direct supervision of faculty, participants practice in structured simulations to perform these techniques.

**Video Session:** A video session on the HRA procedure and infra-red coagulation (a treatment modality) is presented. A faculty member provides orientation and commentary during the video.

## ACCME Accreditation

The American Society for Colposcopy and Cervical Pathology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

This *High Resolution Anoscopy* course was planned and produced in accordance with ACCME's *Essential Areas and Elements and Updated Criteria* (See [www.accme.org](http://www.accme.org)).

## Continuing Medical Education Credits

**ASCCP** — The American Society for Colposcopy and Cervical Pathology designates this educational activity for a maximum of 14.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**ACOG** — The American College of Obstetricians and Gynecologists has assigned 14 cognate credits to this program.

**AAFP** — This activity has been reviewed and is acceptable for up to 14.25 Prescribed credits by the American Academy of Family Physicians.

## Instructions for Obtaining Continuing Medical Education Credit

To complete this program successfully and receive credit and a certificate of attendance, participants must:

- Sign in each day at the ASCCP registration desk and attend all sessions;
- Complete the pre and post-tests found online at <http://www.asccp.org/edu/practice/anus.shtml>;
- Read the program objectives and program syllabus;
- Read, complete and submit the program evaluation online following the post-test (instructions will be in your course syllabus); and
- Complete post-course assessment exercise (15-minute survey).



# High Resolution Anoscopy Course Faculty

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# High Resolution Anoscopy Agenda

## High Resolution Anoscopy The Ritz-Carlton, Naples, FL

**December 12 - 13, 2009**

**With an optional 2-hour pre-course  
December 11, 2009**

### Friday, December 11, 2009

2 Hour Non-CME Pre-Course for those who have not taken a basic colposcopy course

4:00 – 5:00 pm

*Registration*

5:00 – 6:00 pm

Introduction to Colposcopy Terminology and Practice

6:00 – 7:00 pm

Colposcope Practicum: The Instrument and How to Focus

### Saturday, December 12, 2009

7:00 – 7:30 am

*Registration/Breakfast/Visit Exhibits*

7:30 – 8:15 am

Epidemiology of HPV

8:15 – 8:55 am

Pathology of Anal Cancer and Anal Intraepithelial Neoplasia (AIN)

8:55 – 9:10 am

Participant Questions and Faculty Answers

9:10 – 9:40 am

*Break*

9:40 – 10:25 am

The ABCs of Equipment, Procedures and Terminology

10:25 – 11:20 am

HRA: Recognition of LSIL and HSIL

11:20 – 11:35 am

Participant Questions and Faculty Answers

11:35 – 12:45 pm

*Lunch on your own*

12:45 – 1:30 pm  
HRA: Cancer

1:30 – 2:10 pm  
HRA: Perianal Disease

2:10 – 2:50 pm  
Non-HPV-related Anal Disease

2:50 – 3:05 pm  
Participant Questions and Faculty Answers

3:05 – 3:20 pm  
*Break*

3:20 – 3:50 pm  
HRA Video

3:50 – 4:20 pm  
Management and Treatment of HPV-related Disease: General Principles, with Cases

4:20 – 4:40 pm  
Participant Questions and Faculty Answers

4:40 – 6:00 pm  
HRA Workshop (Non-CME): Equipment and Latex Models

## Sunday, December 13, 2009

6:45 – 7:15 am  
*Registration/Breakfast/Visit Exhibits*

7:15 – 7:30 am  
Participant Questions and Faculty Answers

7:30 – 9:00 am  
Non-Surgical Treatment, with Cases and Infra-red Coagulator Video

9:00 – 10:00 am  
Surgical Treatments and Combined Modality Therapy, With Cases

10:00 – 10:30 am  
*Break*

10:30am – 1:00 pm  
**CME Workshops**  
Workshop 1: Gallery of Anoscopic Images  
Workshop 2: Cytology / Histology / HRA Correlation  
Workshop 3: Case Presentations

1:00 – 2:00 pm  
*Lunch (Provided)*

2:00 – 2:15 pm  
Participant Questions and Faculty Answers

2:15 – 3:15 pm  
Setting up the Office; Equipment List, Exam Forms, Billing and Coding Issues

3:15 – 3:45 pm  
Summary / Wrap-up / Participant Questions and Faculty Answers

3:45 – 5:00 pm  
Workshop (Non-CME, Optional): IRC and Biopsy Practicum



# Management of Disclosure of Interest and Contributed Funds

As an accredited provider of CME credit, ASCCP is required to comply with the *ACCME's Standards of Commercial Support* and has implemented a management process to ensure that anyone who is in a position to affect the content of the educational activity (e.g., faculty, planners, etc.) has disclosed to us all relevant financial relationships with any commercial interest and has ensured that those relationships do not influence presentation materials. All faculty have agreed to base their presentations on best available evidence. ASCCP discloses to learners any financial relationship(s) to healthcare-related commercial interests existing within the past 12 months to include the following information: 1) the name of the individual; 2) the name of the commercial interest; and, 3) the nature of the relationship the person has with each commercial interest. Course directors review presentation materials for possible bias prior to the course, and potential conflicts of interest are resolved prior to the presentation. Any discussion of off-label use of products is noted when appropriate, as is discussion of any limitations on the information that is presented, such as data that are preliminary or that represent ongoing research, interim analyses, and/or unsupported opinion. Disclosures of these commitments and/or relationships are published in the course materials and provided from the podium so those participants in the activity may formulate their own judgments regarding the presentation(s). Course directors and co-directors also monitor presentations for bias and intervene as appropriate to provide balance. Under ASCCP policy, anyone declining either to disclose or amend material to eliminate potential bias identified by the course directors will be replaced.



# Hotel & Travel Information

## The Ritz-Carlton Naples

280 Vanderbilt Beach Road  
Naples, Florida 34108  
(239) 598-3300  
(239) 598-6691 (fax)  
[www.ritzcarlton.com/en/Properties/Naples.htm](http://www.ritzcarlton.com/en/Properties/Naples.htm)

Group Rate: \$239.00 Single/double occupancy  
Cut-Off Date: November 8, 2009



Grandly luxurious with its twin turrets, The Ritz-Carlton Naples is reminiscent of a sun-drenched Mediterranean villa. Set amidst twenty beachfront acres on Florida's southwest coast, this magnificent property blends traditional elegance with superb resort amenities to create an exceptional experience for both business and leisure travelers. Guests can watch the sun set on the Gulf of Mexico from private balconies or stroll through manicured gardens. The Ritz-Carlton Naples has earned both the AAA Five-Diamond and Mobil Five-Star recognitions as one of the country's top resorts. Surrounded by Old World grandeur, the hotel is the perfect setting for relaxation or a special business meeting and is a premier destination in every season. As a guest of the hotel, you may choose from seven unique restaurants, indulge in the luxurious world-class spa, or relax and enjoy the pools and a wide selection of water sports on the beach.



## Hotel Reservations

The ASCCP has arranged for a group rate of **\$239 single/double occupancy**. To make your reservations please call (239) 598-3300 and mention that you are with the ASCCP Advanced Colposcopy course for the special rates to apply. The cut-off date for these special rates is **November 8, 2009**. There are only a limited number of rooms so please make your reservations early! Rooms and rates are subject to availability.

## Travel and Transportation

**Airline Information:** The Southwest Florida International Airport (RSW in Fort Myers) is just 35 minutes and 25 miles from The Ritz-Carlton and provides services from 22 airlines and most major US cities.

## Transportation:

Taxi fares from Southwest Florida International Airport (RSW in Fort Myers) will cost about \$75 (June 2009). All major car rental companies are represented at the airport. There is valet parking at the resort for \$25 per day (June 2009).

# Other Educational Opportunities

## ASCCP Online CME — Available October 2009

This interactive media program was designed by ASCCP to provide timely, evidence-based information to address the most pressing issues in lower genital tract disease facing physicians and other licensed healthcare providers today. Each internet CME activity features a PowerPoint lecture containing cytologic, colposcopic, and histologic images, as well as scrolling text and audio accompaniments. Each lecture takes approximately 60 minutes to complete, however, participants may proceed through the lectures at their own pace, with the program allowing the user to bookmark a lecture and return at a later time. Upon completion of a short CME exam and evaluation survey, the participant will then receive 1-2 continuing medical education credits (Category 1) for each lecture. Participation in the ASCCP *Online CME Series* program and receipt of CME credit is free.

The target audience is all clinicians who interpret the results of cervical cancer screening tests and those who diagnose, observe, and treat preinvasive disease. Activity titles include: *The Natural History and Epidemiology of HPV*; *The Immune Response to HPV*; *ASCCP Consensus Guidelines: Management of Women with ASC, ASC-H, and LSIL Results*; *The ASCCP Consensus Guidelines: Colposcopy and Management of Women with HSIL*; *The ASCCP Consensus Guidelines: Management of Women with AGC Results*; and *The ASCCP Consensus Guidelines: Management of Women with Cervical Squamous and Glandular Intraepithelial Neoplasia*; *Primary Cervical Screening with HPV Testing and Cytology Combined*; and *The HPV Vaccines*.

## ASCCP Educational Materials

The ASCCP has developed a series of educational materials to complement its postgraduate courses. A complete listing of materials is available online at [www.asccp.org/bookstore.shtml](http://www.asccp.org/bookstore.shtml). These materials include:

- *Journal of Lower Genital Tract Disease*
- Patient-centered Case Study and Image CD-Roms to improve pattern recognition skills
  - *Colposcopy Image Library*® 2003 with 800 images linked to 31 key terms demonstrating over 3000 conditions.
- Use of the *HPV Vaccines for Primary Cervical Cancer Prevention* 2006 CD-ROM is a complete tutorial with slides and the background notes to become proficient in the use of these vaccines, understanding their development and potential impact as well as their safety and efficacy.
- 3 full-color pocket guides featuring ASCCP Algorithms from the 2006 Consensus Guidelines for:
  - Management of Women with Cervical Cytological Abnormalities
  - Management of Women with Cervical Histological Abnormalities
  - Management of Adolescents with Cervical Cytological and Histological Abnormalities
- Algorithm wallcharts for Common Cytological Abnormalities and Special Populations are also available.
- Clinical Update – HPV Genotyping
- Quarterly Home Study Courses (Patient-centered self-assessment case studies).

Continuing Medical Education credits are available with many of these materials. Please see the website or visit the ASCCP Registration desk for more information.

