

Advanced Colposcopy: The Complete Lower Genital Tract

Is this educational activity right for me?

Provision of optimal health care for women requires that the health care provider be adept in the management of difficult vulvovaginal and cervical conditions such as abnormal cervical cytology screening tests, recurrent candidiasis, lichen sclerosus, introital dyspareunia, recurrent HPV or herpes virus lesions, and vulvar and cervical intraepithelial neoplasia (VIN and CIN). This ASCCP postgraduate course is designed to provide the skills necessary for managing women with these difficult vulvovaginal and cervical conditions. Specific targeted clinicians are obstetrician-gynecologists, family practitioners, dermatologists, pathologists, ob/gyn and family practice residents, and advanced practice clinicians (e.g., nurse practitioners, physicians' assistants, nurse midwives).

Course Competencies, Objectives

This course reflects the current status of clinical knowledge in lower genital tract diagnoses and treatment, including the recent *Consensus Guidelines for the Management of Women with Abnormal Cervical Cancer Screening Tests and the Management of Women with Cervical Intraepithelial Neoplasia or Adenocarcinoma In-situ*. It is designed to improve medical knowledge, practice-based learning, patient outcomes, systems-based practice, and interpersonal and communication skills. Specific goals are set for the learner to obtain upon completion of the course and it is expected the learner will be able to:

- Describe the biology, epidemiology and natural history of HPV in order to:
 - i. Evaluate and treat external genital warts, including both traditional office treatments and options for use of the latest topical therapies for these lesions; and
 - ii. Provide appropriate and guidelines-based cervical cancer screening and management of abnormal cervical cytology and treatment of preinvasive and invasive neoplasia of the lower genital tract. (Medical knowledge, patient outcomes, practice-based learning)
- Describe, diagnose and manage or treat the following conditions:
 - i. nonneoplastic epithelial conditions of the vulva and vagina;
 - ii. infectious diseases of the vulva, vagina, and cervix to include difficult vaginitis, recurrent fungal diseases, and primary and recurrent herpes virus infections;
 - iii. desquamative inflammatory vaginitis;
 - iv. benign tumors of the vulva, vagina, and cervix; and,
 - v. ulcers and erosions of the vulva. (Medical knowledge, patient outcomes, practice-based learning)
- List the new terminology categories for vulvar pain and evaluate etiologies of vulvar pain. (Medical knowledge, patient care)
- Apply a range of nonsurgical and surgical treatments for vulvodynia. (Medical knowledge, patient outcomes, and practice-based learning)
- Diagnose a variety of pigmentation abnormalities. (Medical knowledge)
- Describe and apply the current evidence-based guidelines and their algorithms for the management of:
 - i squamous cervical cytology (ASC, ASC-H);
 - ii low and high grade cervical cytology and histology; and,
 - iii glandular cervical cytology (AGC). (Medical knowledge, systems-based practice, patient outcomes)

- Assess practice populations and apply management recommendations specific for adolescent, middle reproductive age and postmenopausal women at risk for the various vulvovaginal and cervical diseases and to each group. (Medical knowledge, systems-based practice, patient outcomes)
- Direct evaluation to women most likely to benefit from the various diagnostic and management approaches for lower genital tract disease. (Medical knowledge, systems-based practice, patient outcomes)
- Counsel patients about lower genital tract diseases. (Interpersonal and communication skills)



Course Educational Methods

Lectures: Each day, the learners attend general sessions designed around the Society's curriculum, which details the necessary and basic principles considered the foundation of knowledge required to evaluate, diagnose and manage vulvovaginal as well as cervical health and disease in women.

Open Question and Answer Sessions: Each lecture session concludes with an open question and answer period led by the presenter(s). Questions are solicited from the learners and are read to the full audience. In addition, educators seek teaching opportunities at breaks to answer specific questions one-on-one.

Pattern Recognition/Case Sessions: Intense and interactive exposure to multiple vulvovaginal cases and cervical cases help to sharpen assessment and biopsy placement skills. Over 500 different vulvovaginal and cervical images are presented during the span of a given course, allowing learners to practice recognition of various vulvovaginal and cervical conditions. Interactive sessions on the techniques and procedures used in the screening and management of lower genital tract conditions are conducted.

Interactive Sessions: Using an audience response system, the learner's knowledge is tested on the techniques and procedures used in the screening and management of lower genital tract conditions. For the "Your Diagnosis Is?" session, faculty present unusual cases for open questions, group diagnosis and management votes, and correct answers are discussed.



Panel Discussions: For selected topics, the learners will direct questions to a panel of experts on how to integrate reported advances into their practices to panels of experts. Experts will present their evidence-based interpretations so that the learners can adapt these responses to their varying clinical situations.

Continuing Medical Education Information

ACCME Accreditation

The American Society for Colposcopy and Cervical Pathology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ASCCP Advanced Colposcopy: The Complete Genital Tract course was planned and produced in accordance with the ACCME's *Essential Areas and Elements and Updated Criteria* (see www.accme.org).

Continuing Medical Education Credits

ASCCP — The American Society for Colposcopy and Cervical Pathology designates this educational activity for a maximum of 19 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ACOG — The American College of Obstetricians and Gynecologists has assigned 19.50 cognate credits to this program.

AAFP — This activity has been reviewed and is acceptable for up to 19.00 Prescribed credits by the American Academy of Family Physicians.

Instructions for Obtaining Continuing Medical Education Credit

To complete this program successfully and receive credit and a certificate of attendance, participants must follow these steps:

- Sign in each day at the ASCCP registration desk and attend all daily sessions including question and answer sessions;
- Read the educational objectives and review and utilize the course syllabus;
- Complete the pre- and post-tests found online at http://www.asccp.org/meetings/advanced_complete.shtml;
- Complete the course evaluation form online immediately following the post-test; and,
- Complete post-course assessment exercise (15 minute survey).



Advanced Colposcopy Agenda

Advanced Colposcopy: The Complete Lower Genital Tract The Ritz-Carlton, Naples, FL

Thursday, December 10, 2009

6:45 – 7:15 am

Registration and Continental Breakfast

7:15 – 7:30 am

Introduction of Faculty and Announcements

Session I:

HPV Infection and Cervical Cancer

7:30 – 8:00 am

Scope of the Problem: Colposcopic
Overview of the Cervix from Benign
Disease to Malignancy

8:00 – 8:30 am

Natural History of HPV and Clinical Use
of HPV Testing: What A Clinician Needs
To Know

- Current Understanding of the HPV Infection Process
- Transmission After Infection
- Latency and the Long-Term Effects
- Clinical Use of HPV Testing

8:30 – 9:00 am

2006 Consensus Guidelines with a Focus
on Updates

9:00 – 9:30 am

Questions, Faculty Answers,
and Discussion

9:30 – 10:00 am

Coffee/Tea Break and Visit Exhibits

10:00 – 10:30 am

Current Screening for Cervical Disease:
Cytology and Colposcopy Correlation

- Case Studies

10:30 – 11:00 am

Current Screening for Cervical Disease:
Past, Present and Future

- Liquid-Based Cytology
- The Future of HPV Screening

Advanced Colposcopy Course Faculty

Hope K. Haefner, MD

Program Co-Director

Professor of Obstetrics and Gynecology
Department of Obstetrics and

Gynecology

Co-Director

The University of Michigan Center for
Vulvar Diseases

The University of Michigan Hospitals
Ann Arbor, Michigan

Jennifer Gunter, MD

Program Co-Director

Director Pelvic Pain and Vulvovaginal
Disorders

Kaiser Northern California
San Francisco, California

Sarah Feldman, MD, MPH

Director Pap Smear Evaluation Center

Division of Gynecologic Oncology

Brigham & Women's Hospital

Dana Farber Cancer Institute

Assistant Professor

Obstetrics, Gynecology and

Reproductive Biology

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Catherine M. Leclair, MD

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Oregon Health and Sciences University

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Director

Gyn-Oncology Resource Center for

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Kansas City, Missouri

Thomas C. Wright, Jr., MD

President, ASCCP

Professor of Pathology

Director of Obstetrics, Gynecology,
and Pathology

College of Physicians and Surgeons

Columbia University

New York, New York

Advanced Colposcopy Agenda continued

11:00 – 11:30 am

ASC and ASC-H: How to Answer the Questions

- Cytology
- Triage and Management
- Current Algorithms for Management – ASCCP Consensus Guidelines
- Colposcopy Case Examples

11:30 – 12:30 pm

Assessment and Management of LSIL

- Cytology
- Current Algorithms for Assessment – ASCCP Consensus Guidelines
- Colposcopy
- Triage

12:30 – 1:30 pm

Lunch (Provided by ASCCP)

1:30 – 2:00 pm

Assessment and Management of HSIL

- Cytology
- Triage and Management
- Current Algorithms for Management – ASCCP Consensus Guidelines
- Case Examples

2:00 – 2:30 pm

AGC and Glandular Abnormalities

- Defining AGC
- Evaluation
- Current Algorithms for Management – ASCCP Consensus Guidelines
- Colposcopic Findings of Glandular Abnormalities

2:30 – 3:00 pm

Colposcopy of Micro-invasive and Invasive Cervical Cancer

- Colposcopic Warning Signs of Invasion
- Current Algorithms for Management
- Indications for Conization for Diagnosis
- When is Hysterectomy Indicated?
- Management of an Unsuspected Invasive Cancer

3:00 – 3:30 pm

Questions, Faculty Answers, and Discussion

3:30 – 4:00 pm

Break

4:00 – 4:30 pm

Novel Screening Approaches

- Visual Screening Methods
- Use of Other Biomarkers
- New Tests in Development

4:30 – 5:00 pm

Late-breaking News Updates on HPV

- Practice Improvement in Cervical Screening and Management (PICSM) of Adolescents
- FDA Approval Status of Various HPV Tests and Treatments

Friday, December 11, 2009

6:45 – 7:15 am

Registration and Continental Breakfast

7:15 – 7:30 am

Announcements

Session II:

Advances in Understanding Diseases of the Vulva and Vagina

7:30 – 8:00 am

Colposcopy of the Vulva and Treatment of HPV-associated Conditions

- Diagnosis and Treatment of Condyloma
- Diagnosis of VIN
- Explore the Various Treatments of Condyloma and VIN

8:00 – 8:30 am

Colposcopy of Vagina and VAIN
Diagnosis and Treatment Issues for HPV and VAIN

8:30 – 9:00 am

Update on the HPV Vaccine



9:00 – 9:30 am

Coffee/Tea Break and Visit Exhibits

9:30 – 10:00 am

Cost Effectiveness in the Treatment of HPV-Related Conditions

10:00 – 10:30 am

Understanding Topical Medications

10:30 – 11:00 am

Evaluation and Treatment of Vulvovaginal Conditions in the Pediatric Patient

11:00 – 11:30 am

The Enigmatic Vaginal Discharge

- The Abnormal Discharge and Physiologic Discharge
- Desquamative Inflammatory Vaginitis Lichen Planus-Streptococcus

11:30 – 11:45 am

Puzzling Vulvar Masses

- Bartholin's Cysts/Abscesses
- Hernias

11:45 am – 12:00 pm

Questions, Faculty Answers, and Discussion

12:00 – 1:30 pm

Lunch on Your Own

Session III:

Your Patient Has Vulvar Pain

1:30 – 2:30 pm

Vulvodynia: History, Definition, Etiologies and Diagnosis

- New Terminology Discussion
- How to Diagnose the Various Forms of Vulvodynia

- Various Thoughts on Etiologies of Vulvodynia

Non-Surgical Approaches to Vulvodynia

- Topical Medications, Oral Medications
- Physical Therapy, Biofeedback
- Sexual Counseling

Other Treatments for Vulvodynia

- Blocks
- Botulinum Toxin
- Operations for Introital Dyspareunia
- Surgical Techniques, Results, and Complications of Surgery
- Indications, Contraindications and the Importance of Patient Selection

Session IV:

Infectious and Noninfectious Vulvovaginal Conditions

2:30 – 3:00 pm

Resistant BV, Trichomonas and Yeast

- New Techniques for Diagnosis
- Treatment Tips

3:00 – 3:30 pm

HSV Infections: Current Status of Clinical Care

- Diagnosis: Current Testing of Methods for HSV – Type-Specific Serology
- Treatment: The New Drugs, New Recommendations, and How to Use Them
- Special Management Issues: Asymptomatic Viral Shedding-Suppressive or Episodic Therapy-Post Herpetic Neuralgia
- Vaccine Update

Advanced Colposcopy Agenda continued



3:30 – 4:00 pm
Break

4:00 – 4:30 pm
Pruritus: An Annoying and Common Symptom in Lichen Sclerosus and Lichen Simplex Chronicus

- Relief for the Patient with Pruritus
- Indications for Topical and Intralesional Steroid Therapy
- A Helpful Recipe for the Itch-Scratch Cycle

4:30 – 5:00 pm
Vulvar Tumors

5:00 – 5:30 pm
Questions, Faculty Answers, and Discussion

Saturday, December 12, 2009

6:45 – 7:15 am
Registration and Continental Breakfast

7:15 – 7:30 am
Announcements

Session IV (Cont.): Infectious and Noninfectious Vulvovaginal Conditions

7:30 – 8:00 am
Hidradenitis Suppurativa

8:00 – 8:30 am
Those Darn Infections

- Folliculitis
- MRSA
- Necrotizing Fasciitis

8:30 – 9:00 am
Two Difficult Conditions

- Fissures
- Atrophic Vaginitis

9:00 – 9:30 am
Questions, Faculty Answers, and Discussion

9:30 – 10:00 am
Coffee/Tea Break and Visit Exhibits

10:00 – 10:30 am
Pigmented Lesions of the Vulva

10:30 – 11:00 am
Your Diagnosis Is? Test Your Knowledge of Various Vulvovaginal Conditions

11:00 – 11:30 am
Mind/Body Work Complementary Care For Chronic Conditions

11:30 – 12:00 pm
Questions, Faculty Answers and Discussion

12:00 pm
Adjourn



Management of Disclosure of Interest and Contributed Funds

As an accredited provider of CME credit, ASCCP is required to comply with the *ACCME's Standards of Commercial Support* and has implemented a management process to ensure that anyone who is in a position to affect the content of the educational activity (e.g., faculty, planners, etc.) has disclosed to us all relevant financial relationships with any commercial interest and has ensured that those relationships do not influence presentation materials. All faculty have agreed to base their presentations on best available evidence. ASCCP discloses to learners any financial relationship(s) to healthcare-related commercial interests existing within the past 12 months to include the following information: 1) the name of the individual; 2) the name of the commercial interest; and, 3) the nature of the relationship the person has with each commercial interest. Course directors review presentation materials for possible bias prior to the course, and potential conflicts of interest are resolved prior to the presentation. Any discussion of off-label use of products is noted when appropriate, as is discussion of any limitations on the information that is presented, such as data that are preliminary or that represent ongoing research, interim analyses, and/or unsupported opinion. Disclosures of these commitments and/or relationships are published in the course materials and provided from the podium so those participants in the activity may formulate their own judgments regarding the presentation(s). Course directors and co-directors also monitor presentations for bias and intervene as appropriate to provide balance. Under ASCCP policy, anyone declining either to disclose or amend material to eliminate potential bias identified by the course directors will be replaced.



Hotel & Travel Information

The Ritz-Carlton Naples

280 Vanderbilt Beach Road
Naples, Florida 34108
(239) 598-3300
(239) 598-6691 (fax)
www.ritzcarlton.com/en/Properties/Naples.htm

Group Rate: \$239.00 Single/double occupancy
Cut-Off Date: November 8, 2009



Grandly luxurious with its twin turrets, The Ritz-Carlton Naples is reminiscent of a sun-drenched Mediterranean villa. Set amidst twenty beachfront acres on Florida's southwest coast, this magnificent property blends traditional elegance with superb resort amenities to create an exceptional experience for both business and leisure travelers. Guests can watch the sun set on the Gulf of Mexico from private balconies or stroll through manicured gardens. The Ritz-Carlton Naples has earned both the AAA Five-Diamond and Mobil Five-Star recognitions as one of the country's top resorts. Surrounded by Old World grandeur, the hotel is the perfect setting for relaxation or a special business meeting and is a premier destination in every season. As a guest of the hotel, you may choose from seven unique restaurants, indulge in the luxurious world-class spa, or relax and enjoy the pools and a wide selection of water sports on the beach.



Hotel Reservations

The ASCCP has arranged for a group rate of **\$239 single/double occupancy**. To make your reservations please call (239) 598-3300 and mention that you are with the ASCCP Advanced Colposcopy course for the special rates to apply. The cut-off date for these special rates is **November 8, 2009**. There are only a limited number of rooms so please make your reservations early! Rooms and rates are subject to availability.

Travel and Transportation

Airline Information: The Southwest Florida International Airport (RSW in Fort Myers) is just 35 minutes and 25 miles from The Ritz-Carlton and provides services from 22 airlines and most major US cities.

Transportation:

Taxi fares from Southwest Florida International Airport (RSW in Fort Myers) will cost about \$75 (June 2009). All major car rental companies are represented at the airport. There is valet parking at the resort for \$25 per day (June 2009).

Other Educational Opportunities

ASCCP Online CME — Available October 2009

This interactive media program was designed by ASCCP to provide timely, evidence-based information to address the most pressing issues in lower genital tract disease facing physicians and other licensed healthcare providers today. Each internet CME activity features a PowerPoint lecture containing cytologic, colposcopic, and histologic images, as well as scrolling text and audio accompaniments. Each lecture takes approximately 60 minutes to complete, however, participants may proceed through the lectures at their own pace, with the program allowing the user to bookmark a lecture and return at a later time. Upon completion of a short CME exam and evaluation survey, the participant will then receive 1-2 continuing medical education credits (Category 1) for each lecture. Participation in the ASCCP *Online CME Series* program and receipt of CME credit is free.

The target audience is all clinicians who interpret the results of cervical cancer screening tests and those who diagnose, observe, and treat preinvasive disease. Activity titles include: *The Natural History and Epidemiology of HPV*; *The Immune Response to HPV*; *ASCCP Consensus Guidelines: Management of Women with ASC, ASC-H, and LSIL Results*; *The ASCCP Consensus Guidelines: Colposcopy and Management of Women with HSIL*; *The ASCCP Consensus Guidelines: Management of Women with AGC Results*; and *The ASCCP Consensus Guidelines: Management of Women with Cervical Squamous and Glandular Intraepithelial Neoplasia*; *Primary Cervical Screening with HPV Testing and Cytology Combined*; and *The HPV Vaccines*.

ASCCP Educational Materials

The ASCCP has developed a series of educational materials to complement its postgraduate courses. A complete listing of materials is available online at www.asccp.org/bookstore.shtml. These materials include:

- *Journal of Lower Genital Tract Disease*
- Patient-centered Case Study and Image CD-Roms to improve pattern recognition skills
 - *Colposcopy Image Library*® 2003 with 800 images linked to 31 key terms demonstrating over 3000 conditions.
- Use of the *HPV Vaccines for Primary Cervical Cancer Prevention* 2006 CD-ROM is a complete tutorial with slides and the background notes to become proficient in the use of these vaccines, understanding their development and potential impact as well as their safety and efficacy.
- 3 full-color pocket guides featuring ASCCP Algorithms from the 2006 Consensus Guidelines for:
 - Management of Women with Cervical Cytological Abnormalities
 - Management of Women with Cervical Histological Abnormalities
 - Management of Adolescents with Cervical Cytological and Histological Abnormalities
- Algorithm wallcharts for Common Cytological Abnormalities and Special Populations are also available.
- Clinical Update – HPV Genotyping
- Quarterly Home Study Courses (Patient-centered self-assessment case studies).

Continuing Medical Education credits are available with many of these materials. Please see the website or visit the ASCCP Registration desk for more information.

